**Below is a sample email you can use to craft your own message to your contact regarding BIOME BALANCE. Please personalize it so it sounds like you!**

[YOUR CONTACT’S NAME],

Hi! Here is the information I promised to send about **Biome Balance**!

Biome Balance contains 33 mg of the Berberine, a natural extract of the Indian Barberry root. Berberine is known to support gut health and microbiome balance. Among many positive benefits, research also shows that Berberine can promote healthy blood sugar levels and a healthy insulin response.

This may be something that could really help you.

I have been taking this supplement as part of the Elite Health Challenge, which has improved my health over the last [ # ] days in some significant ways. I am feeling so good and I’d love to share more if you’re interested.

I have attached a **Fact Sheet** on **Biome Balance** for your study.

If you have any questions, I would be happy to get answers for you!

Let me know what you think.

Thanks, and talk to you soon!

[YOUR NAME]